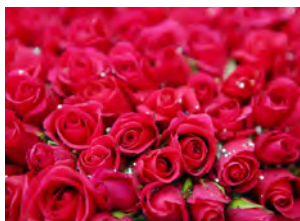


FEBRUARY 2020



# Andover Senior Center

## February 2020

Andover Senior Center, 410 Lioba Andover, KS 316.733.4441, asc-director@kscoxmail.com  
Open : Monday-Thurs 9:00 AM —5:00 PM Fri 9:00AM – 4:00 PM Kelli Larose, Director

### I WOULD LOVE TO HEAR FROM YOU...

#### 2020 Board of Directors

- \* Dixie Aarstad  
President
- \* Rolland Benoit  
Vice President
- \* Kurt Elliott  
Treasurer
- \* Karen Osborne  
Secretary
- \* Ralph Rust  
Trustee
- \* Mile Voelzke  
Trustee

Did you know that the Andover Senior Center has requirements we must meet in order to maintain our Multi-Purpose Center I status? We do; every quarter I submit a report showing that we are meeting those requirements in order to continue that status or more simply put...in order for us to continue being a full-time senior center.

One of the requirements we must meet is bringing in a certain amount of educational programs/workshops/speakers. We have some outstanding speakers and topics that have been very helpful to many members who attend. I am working hard to ensure that we continue to bring educational, interesting and important information to the Center via speakers, community partners, peers, and experts. While these are requirements to maintain funding, the most important deciding factor is what brings joy to the center and to you as an individual. I look forward to bringing in new speakers, fun crafting classes, and groups such as Love on a Leash Pet Therapy! I am proud to say we had 11 dogs in the building at one time! Happy February!

### Tax Preparation at Andover Senior Center

Kansas Tax-Aide Volunteers certified by AARP and the IRS are now available to help you with your taxes starting

Tuesday, February 4th through April 10th, 2020.

The days and times for appointments are as follows:

2nd and 4th Tuesdays 9:00 A.M.— 10:30 A.M.

Fridays—9:00PM—3:00PM

This is a **free service** and most importantly of all, you do not need to be a member of AARP to have your Federal, State or Homestead taxes prepared and electronically filed. Starting **January 18th, you may call 316.247.1292**, leave your name and phone number and someone will call you back to set up an appointment.

So, gather all your documents, call for an appointment and have your taxes prepared by trained and certified tax volunteers!



Our mission is to foster fellowship and recreational enjoyment for the seniors in our community.

## February Special Activity Calendar

February 3rd: 12:30-3:30 Rock Painting with Joyce Alderson; Board Meeting 1:00pm

February 4th: 9:00-10:30 Tax Appointments

February 5th: 1:00pm Valentine's Day Craft with Kelli (Must sign-up by Feb. 3rd)

February 6th: 10:00am Donuts with the Chief; 11:00 Aimee Hoyt with Homebuddies

February 7th: 9:00am-3:00pm Tax Appointments; 9:30 Hermes Healthcare; 1:00 Bingo

February 10th: 2:30-5:00pm Animal Fence Sitter Class with Jim Dake;

February 11th: 11:45 James Johnston Design Benefits

February 12th: Commodities; 2:00-3:30 BUNCO

February 13th: 12:00-1:00 Love on a Leash Pet Therapy

February 14th: 9:00-3:00 Tax Appointments; 11:30 Valentine's Day Luncheon; 1:00 Bingo

February 17th: CLOSED PRESIDENT'S DAY

February 18th: 9:00-10:30 Tax Appointments; 9:00-11:30 Holly with Hearing Life (free hearing aid cleaning)

February 19th: 11:00-1:00 Monterray Fundraiser; 2:00-4:00 Tess Steckline with Fountain View Fresh Flower Arrangement Making

February 20th: 12:00-1:00 Love On A Leash Pet Therapy

February 21st: 9:00-3:00 Tax Appointments; 11:00 General Membership Meeting; 1:00 Bingo

February 24th: 11:45 Survivor Benefits Presentation Sarah Goertz and Jaime Farrelly

February 25th: 10:00 Caregiver Support Class (Dementia and Legal Issues)

February 26th: 9:30 Footcare by appointment with Michelle Steinke. You may contact her at 316.946.0722

February 27th: 12:00-1:00 Love on a Leash

February 28th: 9:00-3:00 Tax Appointments; 1:00 Bingo



## WEEKLY ACTIVITIES AT THE CENTER!

### HAPPY ANNIVERSARY

Cornelison,  
Harlin & Virginia 2/1  
Sharpley, John & Sally  
2/13  
Benoit,  
Rolland & Pauletta 2/23



### HAPPY BIRTHDAY

Stanley Keck 2/3  
Carol Roberts 2/3  
Jane Messing 2/6  
Marjorie Woodall 2/6  
Phyllis Winn 2/7  
Mary L. Russell 2/8  
Myra Stout 2/11  
James Dunbar 2/12  
Victoria Valenzuela  
2/13  
Cordell Larsen 2/14  
Sharon Lodovici 2/15  
Rick Franks 2/15  
Julia Agudelo 2/19  
Genetha Shackelford  
2/22  
Glenn Williams 2/22  
Bob Coupland 2/23  
Joan Hepburn 2/23  
Linda Hope 2/24  
MaryAnn Thompson  
2/24  
Janet Knight 2/26

#### **Mondays:**

10:00 Exercise  
11:30 Lunch  
12:45-2:30 Movie Monday

#### **Tuesdays:**

10:00 Blood Pressure Check  
10:00 Piano Music w/ Mike  
11:30 Lunch  
12:15 Pinochle  
1:00 Pool Players  
3:30-4:30 WellRep Class

#### **Wednesdays:**

10:00 Exercise  
11:30 Lunch/Please see menu  
1:00 Bridge Players

#### **Thursdays:**

11:30 Lunch  
12:30 Knife & Scissor Sharpening/  
Watch Battery replacement, \$2  
12:15 Pinochle  
12:30 Quilting Club/Busy Hands  
(Any type of handwork)  
1:00 Pool Players  
1:00 Scrabble/Board Games  
3:30-4:30 WellRep Class  
7:00 Pitch/Pool Players

#### **Fridays:**

10:00 Exercise  
11:30 Lunch /Please see menu  
1:00 Prize Bingo

#### Monthly Birthday Celebrations

**A friendly reminder that we celebrate Birthdays on the last Friday of each month. If you would like to participate in our Birthday celebration, please stop by. We serve Birthday cake as a dessert with lunch. If you would like to just have your cake (and eat it too) please come by and enjoy a piece! Happy Birthday!!**

**MARK YOUR CALENDAR!**

**HAND AND FOOT**  
**TUESDAY, FEBRUARY 4 & 18**

**1:00 PM**

**PITCH**  
**EVERY THURSDAY**  
**7-9 PM**

**BALANCE CLASS**  
**W/ WSU TRAINER**  
**TUESDAYS & THURSDAYS**  
**3:40-4:30 PM**

**BUNCO!**

As it is played today, **BUNCO** is a social dice game involving 100% luck and no skill...*BUT*...is **LOADS & LOADS of FUN!!!!**

Join us the second Wednesday of every month from 2-3:30 PM for a game of **BUNCO**

**BUNCO** will be Wednesday, February 12th from 1-3 PM. Cost to play is \$3.00 which is applied to prizes you could win...come on, join us and have some *FUN!*

**WellREP (Well-Rounded Exercise Program)**

**Tuesday and Thursday every month 3:30-4:30**

Come try out our most popular exercise class that nearly anyone is able to do. The class is led by WSU students and it is welcomed you participate at your own pace. No pressure, just a great way to get in two hours of exercise a week!

**Volunteer Needed For Exercise Class: Monday, Wednesday, Friday 10:00am - 11:00am**

ASC is looking for a Volunteer to teach a Senior appropriate exercise class on the above days and time. We have several ladies patiently waiting for a kind individual to partner with and start their mornings off in a healthy routine. Please contact Kelli Larose at 316-733-4441.

**CAREGIVER SUPPORT PROGRAM**

Most families are unprepared for the drastic changes in their life brought on by various diseases and conditions. Kicking off this month, Angels Care Home Health will provide classroom topics the **4th Tuesday every month, 10:00-11:00 AM**, that address a wide range of challenges common to families coping with Dementia, Alzheimer's and other diseases. The first set of topics for this 16 Class Course will be:

**February 25th— Communication and Dementia**

**February 25th—Legal Issues and Dementia**

**April 18th—Caregiver Stress**

There will be more topics to come...**DON'T MISS OUT!**



### **Dillon's Shopper Plus Card = ASC Rewards**

Do you have a Dillon's Shopper Plus Card? Are you interested in using it to help the Andover Senior Center raise money for our in-house lunches and meal deliveries? **Our last Kroger check was over \$209.80!**

If you have a Dillon's Shopper Plus card, you can bring it into the center and I can enroll you into the Community Rewards program provided by Dillon's. By participating in this program, you will be able to swipe your card and have points automatically go to the Andover Senior Center. At the end of each quarter, Dillon's will issue the center a check depending on the amount of points we received for that quarter. This money helps us buy groceries so we can continue serving delicious meals to our members & guests!

### **LUNCH IS READY!**

Did you know that we serve lunch at 11:30, Monday through Friday right here at the Andover Senior Center? We do...and it's delicious!

We also have a meal delivery service so that those members and/or guests that cannot come to the center for lunch can still enjoy a good home-cooked meal!

In-house meals are a suggested donation of \$4.00. If there are leftovers; you may purchase a takeout meal for \$2.00. Meal deliveries are a suggested donation of \$5.00. We also ask those who are receiving meal deliveries to join the Andover Senior Center (\$12 per year).

### **DID YOU KNOW...**

The Andover Senior Center is an IRS approved 501c3! We are financed by donations, memorials, fundraisers, grants and special events. We appreciate your membership and donations to our Center. **THANK YOU!**

### **Butler County RSVP Program**

You've gained a lifetime of experience. Now is the time to put our skills and talents to good use by volunteering through RSVP.

With RSVP, you choose how and where you want to serve. You choose the amount of time you want to give. Do you want to give an hour or two once a week or once a month? Do you have a friend or family member that would enjoy volunteering with you? Several of our members are also RSVP members! You choose whether you want to draw on your skills or develop new ones. If you would like information on signing up for the program you are welcome to stop by the ASC office and Kelli or Laurie will give you more information and provide you with a sign-up sheet. If you are interested in volunteering at the Center through RSVP, Kelli will definitely want to talk to you! This is a great way to help our Center grow, along with the RSVP program. Additionally, you may be eligible for mileage reimbursement and paid volunteer time (minimum hour requirement).

If you are currently an RSVP member, please turn in your volunteer hours by the 4th of the month. If you need assistance filling out your timesheet Kelli or Laurie are happy to do so. It is important that your timesheets are filled out completely and hours are totaled, along with your signature and date. I prefer to fax them in all at once and the sheets will process faster if we send them at least a day prior to the 5th. Timesheets received after the 5th of the month will be processed the next month. Thank for your partnership and the work that you do for both the Center and our community.

# ASC Bulletin Board

## Andover Senior Center Memory Café & Fun Seekers

**Wednesday, 12:30-1:30**

This is for anyone who would like to play games, answer trivia and/or life questions and do activities to help keep your brain active.

### Caregiver Support Group

**Topic: Legal Issues**  
**4th Tuesday February 25th**  
**10:00-11:00 am**

Open for anyone who is a caregiver looking to share ideas and concerns with others. *Come on over, we'd love for you to join us!*

## Andover Senior Center Wish List!

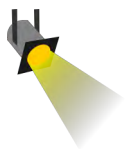
The Andover Senior Center has a running list of items we use on a weekly basis. Would you be willing to donate an item or two from the below list?



**BINGO Prizes such as: bath soap, toilet paper, paper towels, laundry soap, detergent, men's prizes, small bottles of paint: any color and paintbrushes.**

**Clorox or Lysol Wipes**

**Donations for Valentine's Luncheon (see Kelli).**



## ANDOVER SENIOR CENTER CELEBRATIONS !



The office has purchased 2 new lap tops! We were gifted a monetary donation to purchase one of the lap-tops! Nikki Stein, daughter of Vice-President Rolland Benoit and wife Pauletta Benoit graciously answered our need to get these purchased to help run the office more efficiently! Cheers to Nikki!

We had a great turnout for the January Chicken and Noodle Fundraiser! We served 105 lunches at the Center and delivered 10 homebound meals, along with several carry-out orders. All proceed raised go back to the Center to serve YOU, our member! Thank you to everyone who took part in our success. A special shout out to all the volunteers and wonderful cooks that truly served our Center and the community. It takes a village!

We have several new speakers at our Center and it has gone to the dogs! Love on A Leash Pet Therapy visited us in December and on January 30th and brought 11 dogs. If you missed the opportunity to love on these sweeties, you can go to our Facebook Page (Andover KS Senior Center) and see the videos. Can't get on Facebook? That is okay. Our dog friends and their humans will be back in February! Come in for lunch and stay for the show! Come meet our furry friends on Thursdays: 13th, 20th, 27th.



## MOVIE MONDAY'S IN FEBRUARY

**MONDAY, FEBRUARY 3, 2020**

**Man from Utah**

**MONDAY, FEBRUARY 10, 2020**

**No movie today. Come Join the Animal Fence Sitter Craft with us!**

**MONDAY, FEBRUARY 18, 2020**

**ASC CLOSED FOR PRESIDENT'S DAY**

**MONDAY, FEBRUARY 24, 2020**

**Hell Town**

## **Western Month**

**“Tomorrow Hopes We Have Learned Something  
From Yesterday.” — John Wayne**

Movie Monday begins around 12:45 (after lunch). We have coffee, tea, water or sodas (suggested donation of .50) to drink and sometimes we even have snack! Worried about being able to hear the movie? Most of our movies have the close captioning available.

***Come join us, the movie is about to start!***



# February 2020 - Menu

Lunch is a suggested donation of \$4.00 Meal Delivery is a suggested donation of \$4.00.

**COME JOIN US FOR LUNCH!**

Mon	Tue	Wed	Thu	Fri
<b>3</b> Baked Chicken Breast Green Beans Deviled Eggs Roll Cake	<b>4</b> Pulled Pork Sandwiches Coleslaw Pink Salad Cookies	<b>5</b> County Fried Steak Mashed Potatoes and Gravy Salad Corn Blueberry Tart	<b>6</b> Cheesy Scrambled Eggs Sausage Patties Biscuits and Jelly Fruit Salad	<b>7</b> Club Sandwich Sunchips Fresh Veggies with Ranch Cake
<b>10</b> Hamburgers French Fries Dill Pickle Spears Cinnamon Apples	<b>11</b> Hot Dogs with Condiment Bar Cucumber and Tomato Salad Baked Beans Apple Tart	<b>12</b> Enchilada Casserole Spanish Rice Fresh Veggies with Ranch Fried Ice Cream	<b>13</b> Chicken Pot Pie Fresh Fruit Mini Cupcakes	<b>14</b> Valentine's Day Luncheon Lasagna Caesar Salad Bread Surprise Dessert
<b>17</b> CLOSED FOR PRESIDENTS DAY	<b>18</b> Pizza Chef Salad Apple Slices with Peanut Butter and Honey	<b>19</b> ASC Fundraiser  Monterrey  Homemade Desserts	<b>20</b> Toasted Ham and Cheese Sandwich French Fries Celery Sticks w/ Pimento Cheese Cherry Cobbler	<b>21</b> Sloppy Joes Tater Tots Deviled Eggs Peaches and Cream
<b>24</b> Vegetable Beef Soup Cheese Slices Bread & Butter Chocolate Pudding	<b>25</b> Easy Meatloaf Mshed Potatoes & Gravy Salad Brussel Sprouts Applesauce	<b>26</b> Sliced Turkey w/ Gravy Salad Sweet Potato Casserole Peach Cobbler	<b>27</b> Tilapia Baked Potato Peas Cheese Cake with Cherry Topping	<b>28</b> Cheesy Beef Gou-lash Cucumber and Tomato Salad Corn Cherry Jello
				<b>Reminder:            Menu is subject to change!</b>



*"What kind of club will this club be if everyone in it acts just like me?"*

### **Bits & Pieces!**

#### **MARCH MADNESS**

Yes, it's that time again where we are asking you to wear your team colors and join us for a healthy round of Basketball competition!

This is our **FOURTH Annual Senior Center Basketball Tournament** and we want you to join us! **Thursday, March 26th, 10:00 AM.** Practice begins March 2nd. There will be individual shootouts and teams. Wear your team shirts/colors throughout March and on the day of the tournament. Prizes will be awarded. No one is too old to play, so come on, let's have some fun!

#### **Volunteers Needed:**

We are looking for a few people willing to come in **Monday-Friday afternoons (2:00-5:00)** to help answer phones and greet guests coming in to visit the center. If you would be interested in serving as a volunteer, please visit with Kelli in the office.

#### **In the event of inclement weather...**

When the Andover Public Schools close due to inclement weather, the Andover Senior Center will also be closed on that day(s). The center closing will also be posted on the local news stations.

#### **Just a reminder...**

**The Andover Senior Center will be CLOSED, Monday, February 17th in honor of President's Day.**

### **What does being a "Member" of the Andover Senior Center mean besides enjoying the programs and benefits of membership?**

It means as a member you have a vested interest in seeing that the center is used in a beneficial way to both members and the community. Ways that you can (and are) doing this is by participating in activities, helping out with simple chores such as dishes after lunch, changing a light bulb, bringing beautifully prepared desserts and salads for the Friday lunches and being personally responsible for picking up after yourself and others after activities. Volunteering to do specific duties such as cooking meals, leading an activity or working an event are things that will make the operation of the Center more cost effective and allow us to offer more varied activities that all can enjoy. There are lots of opportunities to help & have a good time!

### **Points To Ponder...**

#### ***Do You Remember...***

Receiving a spanking when you were little that you did not think you deserved?

An exciting vacation you had as a kid growing up?

How you entertained yourself while growing up without any radio or TV?

The first carnival you went to? What was your favorite ride or game?

The house you lived in as a kid?

Learning how to drive?

Doing something ornery to your brothers and/or sisters?

Your favorite toy or book when you were young?

Going to a school dance? Did you dance?

A food you didn't like when you were younger that your mom still made you eat?

A special joy you experienced when you were young that still makes you smile today?