



# ANDOVER SENIOR CENTER

JUNE 2020

410 N. Lioba Andover, KS 67002  
Phone: 316.733.4441 Email: asc-director@outlook.com

**Kelli Larose, Director**

## 2020 Board of Directors

- \* Dixie Aarstad  
President
- \* Rolland Benoit  
President
- \* Kurt Elliott  
Treasurer
- \* Karen Osborne  
Secretary
- \* Ralph Rust  
Trustee

## Members, Community Partners and Friends,

I am joyful to share with you that the Center will be re-opening on June 15th. The Board and I have remained united that your health and safety is priority. We must modify the way we engage at the Center to meet or exceed public health requirements and recommendations. This week we will begin preparing for the soft opening by deep cleaning, continued sanitation and implementing the social distancing best practice.

We will continue to offer lunches to go and home bound meals as we approach the re-opening. I have truly learned how important this Center is to the special people that spend time here. On behalf of the Board and myself, we want to thank you for hanging in there and your above and beyond support during closure. I hope today you feel a glimmer of hope. There is light at the end of the tunnel. We eagerly await opening once again.

Cheers,

Kelli Larose, ASC Director      ASC Board of Directors

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**Our mission is to foster fellowship and recreational enjoyment for the seniors in our community.**

# JUNE 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10 <i>1:00 pm Commodities</i>	11	12	13
14	15 10:00 –11:00 Exercise 11:30 Lunch 12:45– Rock Painting Class	16 10:30-11:30 Bal- ance Class 11:30 Lunch 12:15 Pinochle 1:00 Pool Players	17 10:00 –11:00 Exercise 11:30 Lunch 1:00 Bridge	18 10:30-11:30 Bal- ance Class 11:30 Lunch 12:15 Pinochle 1:00 Pool Players	19 10:00 Exercise 11:30 Lunch	20 <i>ASC ANNUAL TRUNK SALE 9:00 AM - 2:00 PM</i>
21 <i>FATHER'S DAY</i>	22 10:00 –11:00 Exercise 11:30 Lunch 12:45– Rock Painting Class	23 10:30-11:30 Bal- ance Class 11:30 Lunch 12:15 Pinochle 1:00 Pool Players	24 10:00 –11:00 Exercise 11:30 Lunch 1:00 Bridge	25 10:30-11:30 Bal- ance Class 11:30 Lunch 12:15 Pinochle 1:00 Pool Players	26 10:00 Exercise 11:30 Lunch	27
28	29 10:00 –11:00 Exercise 11:30 Lunch 12:45– Rock Painting Class	30 10:30-11:30 Bal- ance Class 11:30 Lunch 12:15 Pinochle 1:00 Pool Players		THURSDAY PM <b>7:00 Pitch/ Pool Players</b> <b>PENDING</b>	We will resume the roving library and other similar partnerships as soon as I get updated. It is still very early and plans are still forming for most .	

## JUNE SPECIAL ACTIVITIES

June 1 2:00 PM Board Meeting

June 10 1:00 PM Commodities

June 12 Hermes Footcare (Per appointment– Held in Pool Room)

June 15 9:00 AM SOFT REOPEN!!!

June 16 9-11:30 Holly with Hearing Life Hearing Tests and Pizza

June 20th Saturday ASC ANNUAL TRUNK SALE (SPOTS LIMITED)

June 21 FATHER'S DAY

June 24 National Joy Day Activity with Connie Mansaw from Comfort Keepers

June 24 9:30 Foot Lady for toenail care. Cost is \$25 per person. You must call Michelle Steinke 316.946.0722 and schedule an appointment. (Held in Pool Room)

June 26 11:30 June Birthday Celebration with Cake and ice cream for lunch (Call to reserve yours if you will not be eating lunch)

\*Please note that additional speakers and health professionals will be added to our June calendar. I will update you via email, Facebook and printed copies of this list as they are scheduled. June is a soft open and we want to be sure we do not have numerous activities going on at once.

\*Kindly requesting “please take a seat, and sanitize your seat” when you leave. As stated in this newsletter, Clorox wipes, antibacterial spray, and hand sanitizer will be available at or near every table. You help us keep everyone safe by doing your part! Thank you!

### **CAREGIVER SUPPORT PROGRAM**

Angels Care Home Health and Angels Hospice: Stacia Foley-Reed has provided us with this special program. We will look at resuming these classes contingent upon interest. July will be our first class since closure and date and topic will be posted well in advance. Please call the Center and let us know if you are interested in joining this support group in July. This program address's a wide range of challenges common to families coping with Dementia, Alzheimer's and other diseases. It is hard to face these diagnoses and we want you to know you have a place to go, people that share your challenges and grief, and a wonderful lady, Stacia to give you her time and genuine care. We support YOU!

To fathers, grandfathers  
and all men who have  
had a positive impact on  
the lives of your children,  
nieces, nephews or  
anyone you've influenced

Today is YOUR day!  
Celebrate! Relax!  
Spend the day with your  
family if at all possible.  
You are wonderful  
You are appreciated  
You are loved!  
Enjoy your day -  
you deserve it!

# JUNE 2020 - Menu

Lunch is a suggested donation of \$5.00 If possible, please RSVP by 9 or 9:30 the morning of - 733-4441.

Mon	Tue	Wed	Thu	Fri
1 Classic Patty Melt Onion, mushroom Seasoned Steak Fries Dessert	2 Broccoli Cheese Soup Salad Cheesy Biscuits Dessert	3 Karen's Choice	4 Kelli's Chicken Salad and Crackers Fresh Veggies Fresh Fruit	5 Spaghetti and Meatballs Garlic Bread Applesauce Cake
8 Chicken and Noodles Mashed Potatoes Cucumber and To- mato Salad Dessert	9 Beef Hotdogs Kelli's Pasta Salad Homemade Maca- roni and Cheese Brownie	10 Karen's Choice	11 Lipton Chicken Breast Mashed Potatoes Cooked Sweet Baby Carrots German Choco Cake	12 Salisbury Steak Green Beans Salad Apple slices with peanut butter and honey
13	14	15 Karen's Choice	16	17
22	23	24 Karen's Choice	25	26
29	30			<b>Reminder: Menu is subject to change!</b>

MEMBERSHIP \* SAFE GUARDS

JUNE 15 SOFT OPEN REQUIREMENTS

- ⇒ **YOU MUST ENTER THE BUILDING WITH A MASK ON. REMEMBER TO KEEP ONE IN YOUR POCKET OR CAR SO THAT IT IS NOT LEFT BEHIND.**
- ⇒ **TEMPERATURES WILL BE TAKEN AT THE DOOR TO ENSURE WE ARE NOT SPREADING GERMS**
- ⇒ **NO MORE THAN 4 PEOPLE SEATED AT A ROUND TABLE. THIS IS A STANDARD FOR LUNCH, ACTIVITIES SUCH AS ROCK PAINTING AND CARD PLAYING. IF YOU ARE A CARD PLAYER PLEASE CREATE A PLAN THAT ALLOWS YOU TO PLAY WITH 4 TO A ROUND TABLE.**

- ⇒ **IF YOU ARE FEELING UNWELL PLEASE STAY AT HOME**
- ⇒ **WASHING HANDS IS THE BEST DEFENSE AGAINST GERMS. WE WILL PROVIDE HAND SANITIZER IN HOUSE. THE BEST OPTION IS TO BRING A SMALL PERSONAL BOTTLE.**
- ⇒ **WE CANNOT PROVIDE A NEW-MASK TO YOU EVERY TIME YOU VISIT. IT IS YOUR RESPONSIBILITY TO KEEP THE MASKS GIVEN TO YOU (DISPOSABLES CAN BE WASHED)**

POOL ROOM BEST PRACTICES	<u>YELLOW INDICATES PRACTICE FOR ALL</u>
	<ul style="list-style-type: none"> <li>- everyone wears a mask or stays 6 feet apart or puts a mask on that they keep around their neck when not 6 feet apart</li> </ul>
	<ul style="list-style-type: none"> <li>- everyone sits in the same seat</li> </ul>
	<ul style="list-style-type: none"> <li>- everyone keeps his own chalk for his cue stick somewhere by his chair</li> </ul>
	<ul style="list-style-type: none"> <li>- one person uncovers the pool table and also puts it back alone, with no help from others, using sanitizer before doing each.</li> </ul>
	<ul style="list-style-type: none"> <li>- ASC pool cues used are wiped down by each pool player using them before and after each pool playing session</li> </ul>
	<ul style="list-style-type: none"> <li>- when the game is over and it's time to rack the balls only one person removes the balls from the pockets and racks the balls AFTER HE HAS USED SATITIZER ON THE HANDS. Also, when someone "scratches" this same person removes the balls from the pockets and "spots" them on the table. He also is responsible. Everyone can take turns or at the start of the pool playing session a single person is designated to do these tasks.</li> </ul>

## GET INVOLVED \* CONNECT

Dear ASC Members,

Due to a resignation of one of our Trustees, for personal reasons, we are in need of someone to fill this void. The Board of Directors include 3 Trustees each year. The duties, in addition to attending our monthly Board Meeting and General Membership Meeting include: assisting with our monthly fundraisers by installing and taking down community signs, table set-up, and being available on fundraiser day to help as needed; general indoor maintenance and upkeep of our grounds, including tending to flowers/shrubs, etc. (does NOT include mowing). All of these duties are shared by our 3 Trustees. This position can be filled by anyone from our general membership or a representative from one of our Business members. If you would be willing to join our Board of Directors as a Trustee, please call Kelli at 733-4441 Monday- Friday. Thank you for your consideration.

**\*THIS IS A HIGH PRIORITY NEED FOR OUR CENTER. THE CANDIDATE WHO BRAVELY COMES FORWARD TO SERVE MAY QUALIFY TO ADD THESE HOURS AND YOUR MILEAGE THROUGH THE RSVP PROGRAM. ALL VOLUNTEERS AGE 50 OR OLDER SHOULD CHECK OUT RSVP!**

### **Ongoing Volunteer Opportunities at ASC**

- \* ANSWERING PHONES AND TAKING MESSAGES FROM 1:00 PM - 4:00 PM MONDAY– FRIDAY. THIS OPPORTUNITY IS OPEN TO MEMBERS ONLY. YOU DO NOT HAVE TO VOLUNTEER FOR THE ENTIRE BLOCK OF TIME. PLEASE REACH OUT TO KELLI IF YOU ARE AVAILABLE. OTHER DUTIES MAY SIMUTANIOUSLY INCLUDE:
  - ⇒ GREETING GUESTS AS THEY SIGN IN AND DIRECTING NEW MEMBERS, COMMUNITY PARTNERS TO THE OFFICE IF NEEDED.
  - ⇒ ASSISTING KELLI WITH SHREDDING DOCUMENTS AND LIGHT FILING.
  - ⇒ HELPING START, CONTINUE OR FINISH AN ORGANIZATION PROJECT TO MAKE BEST USE OF OUR CENTER. DIRECTIONS WILL BE PROVIDED AND MOST PROJECTS WILL INCLUDE SORTING ITEMS.

**FUNDRAISING \* ENGAGE \*****MAY BIEROCK AND BEER BREAD FUNDRAISER  
RAISES \$1500.00! YOU ARE AMAZING!!!!**

We want to thank our members, community partners and friends for showing so much support at our Bierocks and Beer Bread fundraiser. We raised \$1499.85! A \$1500.00 fundraiser! We appreciate your feedback and are always working to provide the community the BEST experience possible. This is a fantastic celebration for our community elders and seniors. Thank you for making the office phone ring all day long on Friday, the 15TH of May!! I asked and you delivered!! \$1500.00! More to come!

What a terrific community!

**HAVE YOU CHOSEN A NON-PROFIT TO  
SUPPORT BY SHOPPING AT DILLONS?**

WE RECEIVE QUARTERLY CHECKS (FREE MONEY) WHEN YOU ELECT ANDOVER SENIOR CENTER AS YOUR CHOICE OF NON-PROFIT. OUR LAST CHECK CAME THE END OF APRIL AND WE RECEIVED \$180.00 CHECK FROM KROGER! TO ENROLL YOUR SHOPPER'S CARD, YOU MAY GO ONLINE TO COMMUNITY REWARDS AND ELECT OUR NON-PROFIT OR THE NON-PROFIT OF YOUR CHOICE! IF YOU ARE NOT CURRENTLY ENROLLED IN COMMUNITY REWARDS AT DILLONS PLEASE CONSIDER SUPPORTING OUR COMMUNITY ELDERS AND SENIORS! IF YOU DO NOT HAVE ACCESS TO THE INTERNET, YOU MAY VISIT CUSTOMER SERVICE OR STOP BY THE ASC OFFICE AND KELLI WILL BE THRILLED TO SET YOU UP! MY GOAL FOR JUNE: 5 NEW SUPPORTERS!

**AARP TAX SITE AT ASC AND ALL  
OTHER LOCATIONS WILL NOT BE  
REOPENING THIS YEAR.**

I have been notified that AARP tax sites will not be reopening this year. As you may know, the Andover Senior Center provides this service annually. Homestead Filers have until October 15th, 2020 to file.

If I receive any updates I will post and email them as soon as I receive them. If you know a senior who does not have access to the Internet and is waiting for the sites to reopen please reach out and let them know. I appreciate it.

**HOMESTEAD FILERS HAVE A NEW  
DEADLINE OF OCTOBER 15TH, 2020****DID YOU KNOW...**

The Andover Senior Center is an **IRS approved 501c3!** We are financed by donations, memorials, fundraisers, grants and special events.

We **VALUE** your membership and **CELEBRATE** donations to our Center. **THANK YOU!**