



ANDOVER SENIOR CENTER

AUGUST 2020

410 N. Lioba Andover, KS 67002

Phone: 316.733.4441 Email: asc-director@outlook.com

Kelli Larose, Director

August 21st

National Senior Citizen's Day

2020 Board of Directors

- * Dixie Aarstad
President
- * Rolland Benoit
President
- * Kurt Elliott
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- * Karen Osborne
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- * Ralph Rust
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Trustee

A day to CELEBRATE YOU.

So many of you say that you don't want to be called a Senior Citizen. We understand. When you come to the Andover Senior Center you are considered a SENIOR MEMBER. AUGUST 21 will be a GREAT DAY to be a member at ASC! Member

Exclusive perks and a gift bag to say THANK YOU FOR BEING A SENIOR MEMBER OF OUR COMMUNITY! Details to be announced.



Thursday, April 13th 11:00-12:00

Our First CHARTER BUSINESS MEMBERS

Jake and Abigal Turner will be celebrating our SENIOR MEMBERS and dropping by for a chance to meet you, reconnect, and offer their support. Gift Bags will be handed out at lunch pickup. Come visit them and say Hello !



Our mission is to foster fellowship and recreational enjoyment for the seniors in our community.

AUGUST 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	3	4	5	6	7	8	
	9:30 Coffee Hour 11:30 Lunch	10:30-11:30 Balance Class 11:30 Lunch 12:15 Pinochle 1:00 Pool Players	9:30 Coffee Hour 11:30 Lunch 1:00 Bridge				
9	10	11	12	13	14	15	
<u>TO GO MEALS ONLY THIS WEEK</u>	9:30 Coffee Hour 11:00 Blood Pressure (Seth) 11:30 Lunch	10:30-11:30 Balance Class 11:30 Lunch 12:15 Pinochle 1:00 Pool Players	9:30 Coffee Hour 11:30 Lunch 12:30 Memory 1:00 Bridge	10:30-11:30 Balance Class 11:30 Lunch 12:15 Pinochle 1:00 Pool Players	9:30 Coffee Hour 11:30 Lunch		
16	17	18	19	20	21	22	
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23	24	25	26	27	28	29	
<u>TO GO MEALS ONLY THIS WEEK</u>	9:30 Coffee Hour 11:00 Blood Pressure (Seth) 11:30 Lunch	10:30-11:30 Balance Class 11:30 Lunch 12:15 Pinochle 1:00 Pool Players	9:30 Coffee Hour 11:30 Lunch 12:30 Memory 1:00 Bridge	10:30-11:30 Balance Class 11:30 Lunch 12:15 Pinochle 1:00 Pool Players	9:30 Coffee Hour 11:30 Lunch		
30	31	4th & 18th					
<u>TO GO MEALS ONLY THIS WEEK</u>	9:30 Coffee Hour 11:30 Lunch	1:30-4:00 Hand and Foot				THURSDAYS 7:00 Pitch Pool Players RESUME	

Andover Senior Center August Special Events

August 3rd: Board Meeting 2:00 PM

August 7th: Purple Heart Day

August 10th: Blood Pressure Clinic with Seth Home Health and Hospice 11:00 am

April 13th: Abigail and Jake Turner Futurity First 11:00 am

April 14th: Hermes Footcare

August 17th: Crittenden from Kansas Highway Patrol hosting an education session on “Latest Scams.” RSVP for your spot; limited spots available due to social distancing.

August 21st: National Senior Citizen’s Day Celebration for Members - Details to be announced next week

August 24th: Blood Pressure Clinic with Seth Home Health and Hospice 11:00 am

August 27th: Keri with RSVP Volunteer Appreciation Drive Thru at Andover Senior Center 10:00-11:30

August 27th: Michelle Steinke “The Foot Lady” by appt only

****Augusta Housing Authority is partnering with Mid-Cap for ConnectHome Computer Class. This is an income based 7 week class to teach you computer basics. It will be held on Wednesday evenings from 5:30-7:30 pm. You will need proof of income and residency. Call as soon as possible to get approved.**


AUGUST 2020 - Menu

Lunch is a suggested donation of \$5.00. Please call in your lunch order for the week by Monday morning at 9:30 am. See note on next page that explains changes to ordering meals. If you have any questions, please call Kelli at 316-733-4441. We appreciate your support! Our main source of income each month comes from daily lunch sales. Give us a call!

Mon	Tue	Wed	Thu	Fri
<p>3 Soft Taco Refried Beans Spanish Rice Dessert</p>	<p>4 Sloppy Joes Sun Chips Pork N Beans Watermelon</p>	<p>5 Beef Noodle Casserole Cucumber/Onion/ Tomato Salad Apple Cobbler</p>	<p>6 Baked Fish Cream Cheese Corn Garden Salad No Bake Cookies</p>	<p>7 Chicken Salad Sandwich Macaroni Coleslaw Chocolate Cake Clementine Slices Monday morning at questions, please</p>
<p>10 Sausage Breakfast Casserole Fried Apples Cinnamon Roll</p>	<p>11 Chicken Almonde Casserole Pea Salad Roll w/Butter Blueberry Tart</p>	<p>12 Spaghetti Bake Spinach Salad Crescent Roll Hummingbird Cake</p>	<p>13 Apricot Glazed Chicken and Rice Garden Salad Cookies</p>	<p>14 Broccoli Cheese Soup Biscuit Macaroni and Cheese Strawberry Short-</p>
<p>17 Meatballs Season Potato Slice Broccoli and Cauliflower Salad Banana Cheesecake</p>	<p>18 Chef Salad w/ Crackers Peach Half w/ Cottage Cheese Cherry Salad</p>	<p>19 Ham Loaf Cheesy Hash Brown Potato Casserole Watergate Salad</p>	<p>20 Tuna Noodle Casserole Garden Salad Pineapple Sunshine Cake</p>	<p>21 Pulled Pork Sandwich Cucumbers & Onions Brownies</p>
<p>24 Tater Tot Casserole Green Beans Apples w/ Peanut Butter and Honey</p>	<p>25 Karen's Monterrey Fruit Salad Dessert</p>	<p>26 Salmon Patties Coleslaw Mixed Veggies Peach Tarts</p>	<p>27 Chicken Fried Steak Mashed Potatoes and Gravy Buttered Corn Cherry Cobbler</p>	<p>28 Lasagna Tomatoes and Cucumber Salad Garlic Bread</p>
<p>31 Shrimp Cajun Boil (Shrimp, Potatoes, Corn, Onion) Strawberries and</p>				

GET INVOLVED * CONNECT

The End of Alzheimer's
The First Program to Prevent and Reverse Cognitive Decline



Tuesday, August 11 • 1:00-2:00PM



Special Guest Speaker:

Dale E. Bredeesen, MDChief Science Officer for
Apollo Health**Alzheimer's and Dementia Support at ASC**

Kelli has enrolled in this online Zoom conference: The End of Alzheimer's : The First Program to Prevent and Reverse Cognitive Decline.

If you are interested in coming to the Center to listen to this information with Kelli please call to reserve your spot. We will put this up on the tv and you will have access to this information without worrying about a log in for Zoom. Many resources have moved to online platforms and we are committed to ensuring that you have the most updated information. We will watch this together and gain insight into the science behind this disease and what treatments and new advances have developed.

We are also able to schedule an Alzheimers Support Group and the Caregiver's Support Group through Zoom. If you are interested in joining either or both groups, call the office to reserve your spot.

Memory Café/ Fun Seekers is returning! Trivia, games, conversation to trigger memory function. To-

Ongoing Volunteer Opportunities at ASC

- * ANSWERING PHONES AND TAKING MESSAGES FROM 1:00 PM - 4:00 PM MONDAY– FRIDAY. THIS OPPORTUNITY IS OPEN TO MEMBERS ONLY. YOU DO NOT HAVE TO VOLUNTEER FOR THE ENTIRE BLOCK OF TIME. **PLEASE REACH OUT TO KELLI IF YOU ARE AVAILABLE. SEPTEMBER WILL BE A VERY BUSY MONTH.**
- ⇒ GREETING GUESTS AS THEY SIGN IN AND DIRECTING NEW MEMBERS, COMMUNITY PARTNERS TO THE OFFICE IF NEEDED.
- ⇒ HELPING START, CONTINUE OR FINISH AN ORGANIZATION PROJECT TO MAKE BEST USE OF OUR CENTER. DIRECTIONS WILL BE PROVIDED AND MOST PROJECTS IN AUGUST AND SEPTEMBER

MEMBERSHIP * SAFE GUARDS

BUILDING OPEN REQUIREMENTS

⇒ **YOU MUST ENTER THE BUILDING WITH A MASK ON. REMEMBER TO KEEP ONE IN YOUR POCKET OR CAR SO THAT IT IS NOT LEFT BEHIND.**

⇒ **TEMPERATURES WILL BE TAKEN AT THE DOOR TO ENSURE WE ARE NOT SPREADING GERMS**

⇒ **NO MORE THAN 4 PEOPLE SEATED AT A ROUND TABLE.**

⇒ **PLEASE ENSURE YOU ARE SIGNING IN AT FRONT TABLE. WE DO HAVE HANDMADE MASKS AVAILABLE IF YOU ARE IN NEED OF ONE. WE ARE ACCEPTING MASK DONATIONS!**

⇒ **IF YOU ARE FEELING UNWELL PLEASE STAY AT HOME**

⇒ **WASHING HANDS IS THE BEST DEFENSE AGAINST GERMS. WE WILL PROVIDE HAND SANITIZER IN HOUSE. THE BEST OPTION IS TO BRING A SMALL PERSONAL BOTTLE.**

⇒ **WE CANNOT PROVIDE A NEW-MASK TO YOU EVERY TIME YOU VISIT. IT IS YOUR RESPONSIBILITY TO KEEP THE MASKS GIVEN TO YOU (DISPOSABLES CAN BE WASHED)**

LATEST COVID CASE INFORMATION FOR BUTLER COUNTY POSTED 8-2-2020

Out of 224 confirmed COVID-19 cases in Butler County, here are the active cases below.

City

Andover:	33 active cases - total cases 76
El Dorado:	7 active cases - total cases 51
Augusta:	25 active cases - total cases 46
Rose Hill:	4 active cases - total cases 19
Towanda:	0 active cases - total cases 9
Benton:	2 active cases - total cases 8
Potwin:	1 active cases - total cases 4
Douglas:	1 active cases - total cases 3
Latham:	1 active cases - total cases 2
Leon:	1 active cases - total cases 1
Burns:	0 active cases - total cases 1
Newton:	0 active cases - total cases 1
Whitewater:	0 active cases - total cases 1
Butler County cities not listed have 0 cases	

Data discrepancies: County data and KDHE data sometimes do not match if KDHE has assigned a non-Butler County resident case to the county's numbers. The county's confirmed number tracks those cases that are investigated and monitored by the county Health Dept.

FUNDRAISING * ENGAGE *

Due to several projects at the Center and a full schedule we will not host an August fundraiser. We appreciate all of your support and the positive response we have received each month! We will be hosting a September to –go Sloppy Joe Meal with Cobbler Dessert . The date will be announced very soon.

Kelli and the Board will be hosting a Membership drive in September! There will be fun surprises during the drive. We are currently at 356 members! Please watch for your renewal application to arrive by mail. Kelli's goal is to hit 400 members!

YOU HELPED US RAISE \$630.00 AT THE BRAT-WURST FUNDRAISER! 120 MEALS SOLD! THANK YOU TO ALL WHO ORDERED. KAREN OSBORNE AND THE BOARD HELPED MAKE THE MEAL AND PREPARE FOR PICKUP. PEGGY RUMP, PAT HUCK AND DIXIE'S GRAND-DAUGHTER SADIE VOLUNTEERED. THANK YOU!

HAVE YOU CHOSEN A NON-PROFIT TO SUPPORT BY SHOPPING AT DILLONS?

WE RECEIVE QUARTERLY CHECKS (FREE MONEY) WHEN YOU ELECT ANDOVER SENIOR CENTER AS YOUR CHOICE OF NON-PROFIT. OUR LAST CHECK CAME THE END OF JUNE AND WE RECEIVED \$180.00 CHECK FROM KROGER! TO ENROLL YOUR SHOPPER'S CARD, YOU MAY GO ONLINE TO COMMUNITY REWARDS AND ELECT OUR NON-PROFIT OR THE NON-PROFIT OF YOUR CHOICE! IF YOU ARE NOT CURRENTLY ENROLLED IN COMMUNITY REWARDS AT DILLONS PLEASE CONSIDER SUPPORTING OUR COMMUNITY ELDERS AND SENIORS! IF YOU DO NOT HAVE ACCESS TO THE INTERNET, YOU MAY STOP BY THE ASC OFFICE AND KELLI WILL BE THRILLED TO SET YOU UP! CURRENTLY WE HAVE 40 HOUSEHOLDS ENROLLED!

AARP TAX SITE AT ASC AND ALL OTHER LOCATIONS WILL NOT BE REOPENING THIS YEAR.

I have been notified that AARP tax sites will not be reopening this year. As you may know, the Andover Senior Center provides this service annually. Homestead Filers have until October 15th, 2020 to file.

HOMESTEAD FILERS HAVE A NEW DEADLINE OF OCTOBER 15TH, 2020

OCCASSIONALLY, WE HAVE SENIORS LOOKING FOR ASSISTANCE FILLING OUT SNAP, LIEAP OR OTHER FORMS OF FOR RESOURCES. IF YOU WOULD BE WILLING TO VOLUNTEER TO ASSIST AT THE CENTER, CALL TODAY

DID YOU KNOW...

The Andover Senior Center is an **IRS approved 501c3!** We are financed by donations, memorials, fundraisers, grants and special events.

We **VALUE** your membership and **CELEBRATE** donations to our Center. **THANK YOU!**